

Chocolate Protein Powerballs

Preparation time 10 minutes

Ingredients:

- 1 cup almond / peanut butter
- 1 ½ tbsp. maple syrup
- 1 tbsp. cacao powder (or more for coating)
- ½ cup chopped mixed nuts
- ½ cup shelled hempseeds (or other seeds)
- ½ tsp flaked sea salt (optional)

Directions:

- Combine nut butter, maple syrup and cacao
- Mix in nuts and seeds
- If too dry, add a little water
- Roll a small handful (about 2 tsp) into a ball
- Continue with remainder of the mixture
- Store in fridge for 2 weeks, freezer for 1 month

These make a great snack and are very satisfying. 1 or 2 is a portion.